

# KINETON PLAYGROUP NEWSLETTER



06 February 2025

## LEARNING AT PLAYGROUP

We have some beautiful Valentines decorations and display board in Playgroup that the children have crafted. We have also been focusing on a book called Animal Magic and looking at a map to see where all the different animals come from.

## VISIT TO ST FRANCIS' CATHOLIC CHURCH WEDNESDAY 12 FEBRUARY, 1 - 2PM

We will be visiting St Francis' on Wednesday 12 February. If you would like to come and join us, please let us know.

## WOODEN ROCKING HORSE

One of our parents has a beautiful hand carved wooden rocking horse that they would like to see go to a good home for a donation to playgroup. It is 135cm long and 103cm tall to its ears. Please see the photo below and contact us if you would be interested.



## FENCING TO GO!

The wooden picket style fencing around the KS1 school field will be replaced over half term. If anyone can make use of any of the panels please contact us or the school to speak to Richard.

## ROAD & CAR PARK SAFETY

**PLEASE** do not walk across the school car park but use the paths and crossings to walk around instead. This is whether you are walking with your child or walking by yourself. The paths are for people, the car park is for cars. The paths are also gritted in icy weather and so are safer underfoot. We are talking to the children about keeping next to their grown up near cars to stay safe, and we practice crossing the road on the way to and from hot dinners and on walks around the site.

## WELLBEING FOR PARENTS

As parents, your mental health and wellbeing is really important. If you are struggling or feeling low, don't wait for things to get too much. There are a range of mental health and wellbeing services and support available across Warwickshire that can help you with your wellbeing and support you during difficult times.

Wellbeing for Warwickshire (WbW) Hubs offers telephone support to anyone who feels they are in need of contact.

Contact the Hubs Team:

024 7771 2288 or [wbw@cwmind.org.uk](mailto:wbw@cwmind.org.uk)

<https://www.warwickshire.gov.uk/mentalhealth>

## IDEAS FOR FUN THINGS TO DO

Look at Warwickshire's '50 Things'

<https://warwickshire.50thingstodo.org>

If you have any good ideas to share, please let us know so we can pass them on for half term.

### SAFEGUARDING - STAYING SAFE & HEALTHY

**What is safeguarding?** Safeguarding children is about more than spotting obvious signs of child abuse and child protection needs. It is also about keeping children safe and healthy, and providing for their social, emotional and developmental needs. We are all involved in this together, and it is what we all do every day when looking after children at home, in the village, at school and at playgroup. We will discuss concerns and worries with you, and we hope that you feel able to do the same with us. We will take action and seek further advice where we think it is important for the welfare and protection of any child.

**Why are grapes (and cocktail sausages) so risky?** The size and shape of grapes means they can completely plug a child's airway. Grapes and sausages should be chopped in half lengthways and ideally in quarters. The tight seal produced by the grape's smooth surface makes them difficult to dislodge with standard first aid techniques. Young children are particularly vulnerable to choking:

- They don't have a full set of teeth and are still learning to chew properly
- Their swallow reflex is still developing
- Their airway is very small

**E-safety - 11 February is Safer Internet Day this year:** Top tips recommended by WCC:

- Set up an account for each user on your PC at home and make yourself the administrator. This will allow you to keep control of settings and the installation of software. Each user can be password protected. You can do this in the 'control panel'.
- Add a screen saver protected by a password so that if you leave your PC for 5 minutes you will have to enter a password. You can do this in the 'control panel'.
- Encourage children to use technology in a public part of the house, where it is easier to monitor what they are doing, and **not** in their bedroom.
- Use the family settings on games consoles.
- Set your favourite search engine to do 'safe searches', making sure that a search returns content suitable for all ages. (eg Google - click on search settings on the homepage then enable moderate or strict filtering)
- Discuss and agree with your own family's approach to computer and internet use.
- Encourage them to tell you if they see or hear anything they don't understand or that makes them feel sad or worried, and talk to them about it - a good habit to get into
- Try the penguin story on <http://www.kidsmart.org.uk/teachers/ks1/sources/index.htm>
- Report any concerns or online abuse to the police
- For further information: <https://saferinternet.org.uk/guide-and-resource/parents-and-carers>

Spring term 2025:	Tuesday 07 January to Friday 11 April 2025 Half term: Monday 17 to Friday 21 February 2025
Summer term 2025:	Monday 28 April to Friday 18 July 2025 Half term: Monday 26 to Friday 30 May 2025
Autumn term 2025:	First day of term - Wednesday 03 September 2025 (tbc)

