



TO ALL OF YOU FROM ALL OF US AT  
PLAYGROUP & KASC -

HAVE A WONDERFUL CHRISTMAS!

XXX



## RNIB USED STAMPS APPEAL

We are collecting used stamps for the Royal National Institute of Blind People. Please trim any excess paper around the stamps, leaving a border of about 1cm then pop them into the collecting box. <https://www.rnib.org.uk/>

## NATIONAL PARENT SUPPORT SERVICE

As parents, your mental health and wellbeing are really important. Christmas is fun but can also be very stressful. There is a very useful national support service run by a charity called Family Action. This is a 'virtual' service run by volunteers, and is open during evenings and weekends to help with all sorts of emotional and practical support. For more information look on <https://www.family-action.org.uk>, call the Digital Parent Support Service on 0808 8020222, text on 07537 404282 or email [NDPSS@family-action.org.uk](mailto:NDPSS@family-action.org.uk).

Wellbeing for Warwickshire (WbW) Hubs offers telephone support to anyone who feels they are in need of contact. To talk to a member of staff or book an appointment, call the Hubs Team on 024 7771 2288. You can also email [wbw@cwmind.org.uk](mailto:wbw@cwmind.org.uk) or [Click here](#) for more information

## HEAT4HEALTH PROJECT

Heat4Health aims to support people and their families with health conditions to keep warm affordably in their homes by improving energy efficiency, providing energy advice and where possible reducing fuel bills and accessing grants.

<https://www.actonenergy.org.uk/project/heat4health-warwickshire-worcestershire-coventry-solihull/>

Spring term 2025: Tuesday 07 January to Friday 11 April 2025  
Half term: Monday 17 to Friday 21 February 2025  
Summer term 2025: Monday 28 April to Friday 18 July 2025  
Half term: Monday 26 to Friday 30 May 2025  
Autumn term 2025: First day of term - Wednesday 03 September 2025 (tbc)

