



## BREAKFAST CLUB & KASC SESSIONS 2025/26

Remember to return your requests for both Breakfast Club and KASC sessions for *next* year 2025/26 by the end of February. Even if you are not 100% sure, please let us know your best idea now - sessions continue to be very busy.

## TAX FREE CHILDCARE

Do take the time to check if you can take advantage of the tax free childcare system - it can make a considerable saving when paying fees:

[www.childcarechoices.gov.uk](http://www.childcarechoices.gov.uk)  
[www.gov.uk/childcare-calculator](http://www.gov.uk/childcare-calculator)

## UNDERSTANDING YOUR CHILD

As parents we all worry about whether we are doing things right. There is no such thing as a perfect parent and we all do the best that we can, learning as we go along. Warwickshire have produced free online guides to help understand infant, child and young people's emotions and behaviour.

<https://www.warwickshire.gov.uk/parentguides>

## WEIGHT OF SCHOOL BACK PACKS

It may be worth checking the weight (and contents!) of school back packs, particularly now the swimming kit season is about to start. It is recommended that children's bags should weigh no more than 10% of their body weight; carrying heavier bags, even for short periods, can contribute to back problems as they grow up. If children carry their own things into school or breakfast club, then that will help them remember what they need to bring home. If their bag is too heavy for them, then they need to choose what to take out.

## CHILD PROTECTION AND SAFEGUARDING POLICY SUMMARY

Please take a moment to read the updated summary statement attached.

## INTERNET SAFETY DAY - 11 FEBRUARY 2025

Top tips from Warwickshire County Council:

- Set up an account for each user on your PC at home, make yourself the administrator and password protect each user. You can do this in the 'control panel'
- Add a screen saver protected by a password so that if you leave your PC for 5 minutes you will have to enter a password. You can do this in the 'control panel'
- Encourage children to use devices in a public part of the house, not their bedroom
- Use the family settings on games consoles.
- Set your favourite search engine to do 'safe searches', making sure that a search returns content suitable for all ages; eg for Google, click on search settings on the homepage and then enable moderate or strict filtering
- Discuss and agree with your children your own family code for internet use and encourage them to tell you if they see or hear anything they don't understand or that makes them feel sad or worried
- Report any concerns to the police
- For further information:  
<https://saferinternet.org.uk/guide-and-resource/parents-and-carers>

Spring term 2025:	Tuesday 07 January to Friday 11 April 2025 Half term: Monday 17 to Friday 21 February 2025
Summer term 2025:	Monday 28 April to Friday 18 July 2025 Half term: Monday 26 to Friday 30 May 2025
Autumn term 2025:	First day of term - Wednesday 03 September 2025 (tbc)

