KINETON PLAYGROUP NEWSLETTER



13 February 2025

LEARNING AT PLAYGROUP

This week in small groups we have been practicing our turn taking and listening skills. We have been telling our friends about the people and things we love and the reasons why. The children have also been making lots of Valentines crafts including decorating biscuits and making valentine crowns. We have continued to play with and talk about animals from around the world and in the home corner we have had some lovely new resources that has encouraged more play based on previous experiences at home, such as making a coffee or baking cakes!



WHAT IS 'SCHOOL READINESS'? PARENT INFORMATION SESSION AT PLAYGROUP

Reading, writing & communication skills

Date for your diary - Monday 17 / 24 March,

6.45pm to 8.00pm. Details to follow.

PLAYGROUP & KASC SESSIONS 2025-26

Please remember to return your forms confirming your requests for playgroup and KASC sessions next year by 28 February at the latest.

CELEBRATING READING: BOOK WEEK W/C 03 MARCH 2025 (WORLD BOOK DAY 06 MARCH)

All week, children will be invited to celebrate their favourite books and stories in all sorts of ways - come dressed as a book character, bring in your favourite book or send us a photograph of you reading at home. How many books can we read in a week? Please join us to read a story as our mystery reader any day from 2.30pm. Let us know which day you would like to read to make sure we don't have too many mysteries on the same day!

World Book Day £1 tokens are being handed out to all children this week, valid 13
February to 23 March - use at participating booksellers (details on token) for one free
World Book Day book or for £1 off a book.

EYFS GUIDE FOR PARENTS

The EYFS (Early Years Foundation Stage Framework) sets out learning and development for children as they grow from birth to five. Children develop more rapidly during the first five years than at any other time in their lives. They learn through playing, exploring, being active, and being creative. Every child is different, and children do not grow and develop at the same rate, or even in the same order, but in the best way for them without being concerned about what they 'should' be doing! Have a look at our attached summary.

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SAFEGUARDING AND CHILD PROTECTION - STAYING SAFE & HEALTHY HOLDING HANDS

We have been talking to the children about safe ways to walk near roads – look and listen for cars and ALWAYS hold on to a grown-up. This might mean holding hands, or holding on to a pram or buggy, or having a wrist strap or reins, or using one of the backpack and strap combos – whichever suits you and your child. Please remember to use the footpaths on the school site, as well as the pavements when walking along a road. When you leave the playgroup door after dropping off or pick up times, please walk round to the gate on the footpaths rather than cutting across the car park.

SAFEGUARDING AND HEALTH - CONSTIPATION # GRAPHIC DETAIL ALERT#

Constipation in young children is not unusual. For some it can be a temporary thing, sometimes when they are moving out of nappies and into pants. However, for some it can develop into long term chronic constipation and even impaction. This has a real impact on children's development - the feeling of low level 'grottiness' affects their ability to play, concentrate and learn; fear of accidents affects their self esteem and confidence; and the mass sitting in their bowel means they may be unable to absorb all the nutrients they should and so it can also affect their growth and physical development.

The signs of chronic constipation in children can be confused with diarrhea. The constipated mass or lumps overstretches the bowel walls and so watery faeces from higher up the digestive system may just ooze around and leak out, without the child being aware of it.

Please speak to us if you have any concerns and we will do what we can to help.

Other useful information may be found on the following websites:

ERIC (The Children's Bowel & Bladder Charity) www.eric.org.uk

Bladder & Bowel UK <u>www.bbuk.org.uk</u>

YouTube 'The Poo Nurses' (recommended by Karen!) http://www.thepoonurses.uk/

FAMILY CORNER - OTHER RESOURCES

Free online courses for parents from the Early Years Alliance (e.g. toilet training, behavioural support and supporting emotional wellbeing). https://www.familycorner.co.uk/learn-more-about-your-childs-development-our-free-online-sessions

General advice: Warwickshire's Family Information Service (FIS) 01926 412412 https://www.warwickshire.gov.uk/supportforchildrenandfamilies

Ideas of things to do - Warwickshire's '50 Things': https://warwickshire.50thingstodo.org
Services available to children and young people up to 20 years old in Warwickshire:

http://www.warwickshire.gov.uk/supportforchildrenandfamilies

Spring term 2025: Tuesday 07 January to Friday 11 April 2025

Half term: Monday 17 to Friday 21 February 2025

Summer term 2025: Monday 28 April to Friday 18 July 2025

Half term: Monday 26 to Friday 30 May 2025

Autumn term 2025: First day of term - Wednesday 03 September 2025 (tbc)

